



Impact of TEACH Program



ABOUT OUR PROGRAM

The **purpose** of the TEACH program is to:

- Increase awareness
- Support individuals and families identifying as Black/African American with disabilities
- Assist with the utilization of Regional Center resources and services in the Antelope Valley

The program **services** provided include:

- Family advocacy
- Monthly virtual/in person wellness workshops
- Resources linkage

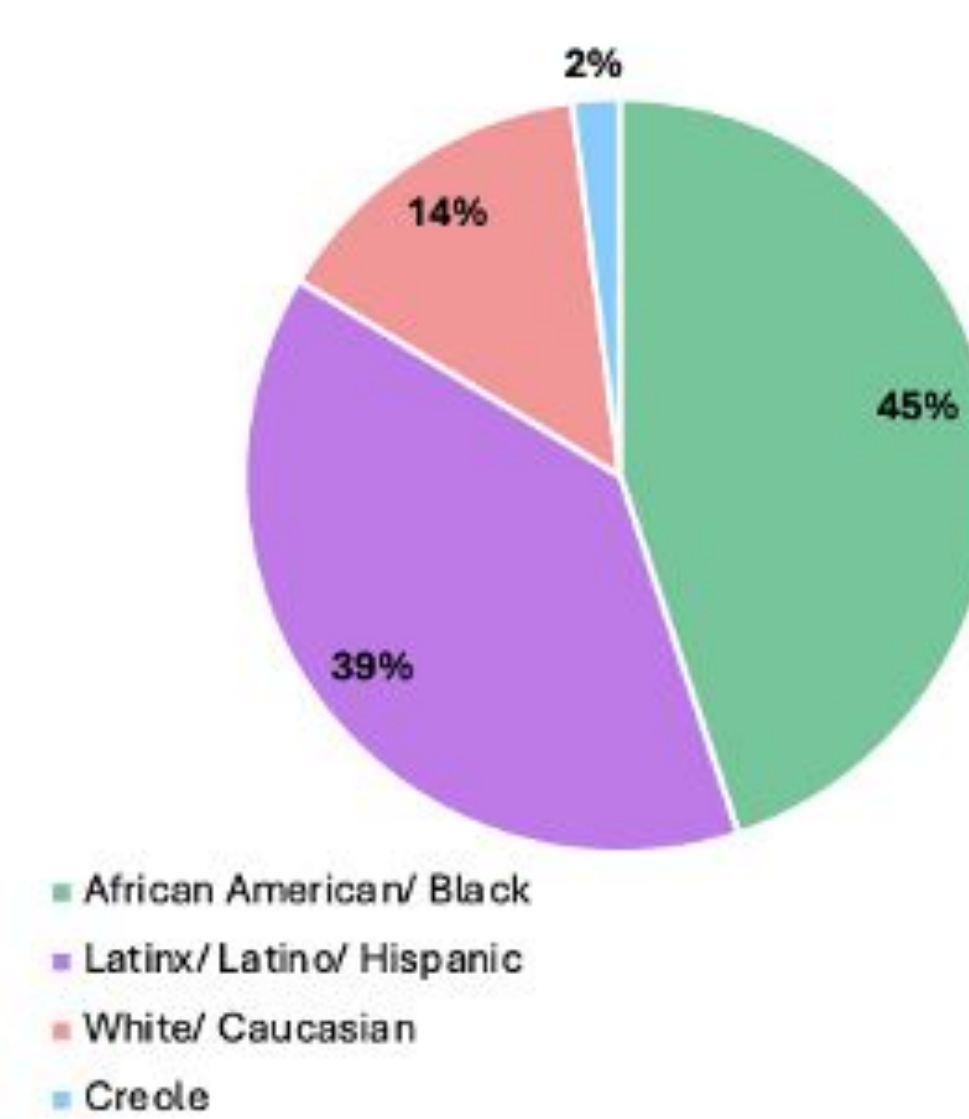
We conducted a **pre-program** survey of 93 participants in August 2023 – December 2023 and a **post-program** survey of 49 program participants in November 2023 – February 2024

Participants **attended** the following events:

- Arboretum Event
- Fall Harvest
- Field Trip to Zoo
- Friendsgiving Family Event
- Holiday Party
- Legal Issues in the IEP System Virtual Workshop
- Movie Night
- Teach & AV Seed Grow Trunk-or-Treat Pumpkin Patch
- Teach Meeting Money Management Virtual Workshop
- Virtual Self Determination

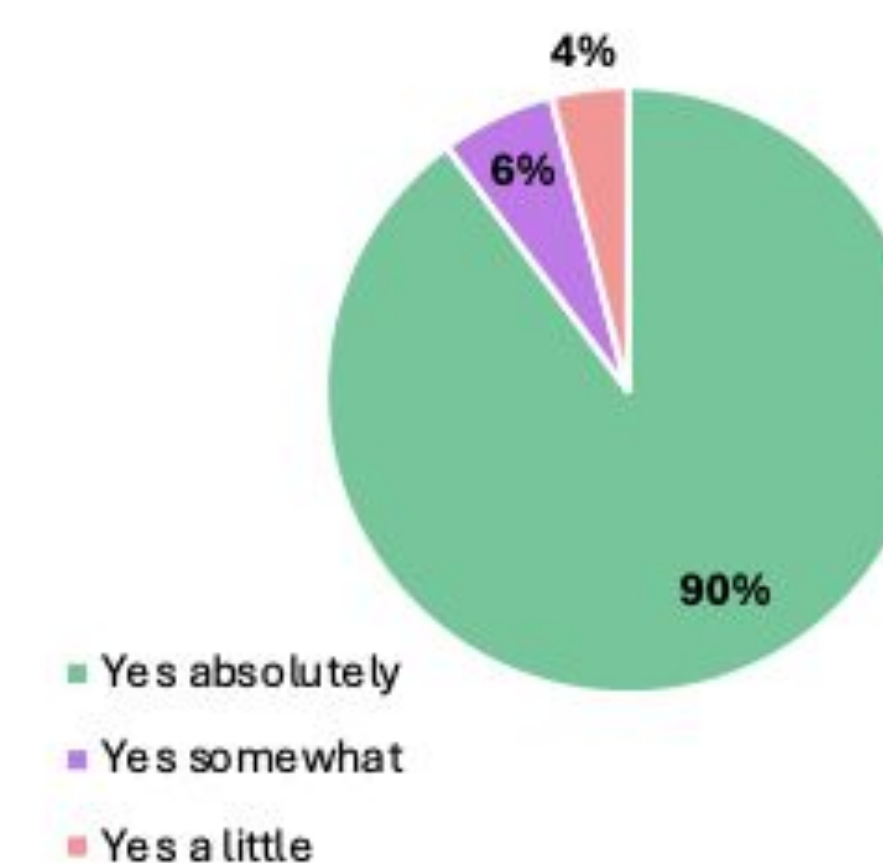
PROGRAM OUTCOMES

TEACH Participant Demographics



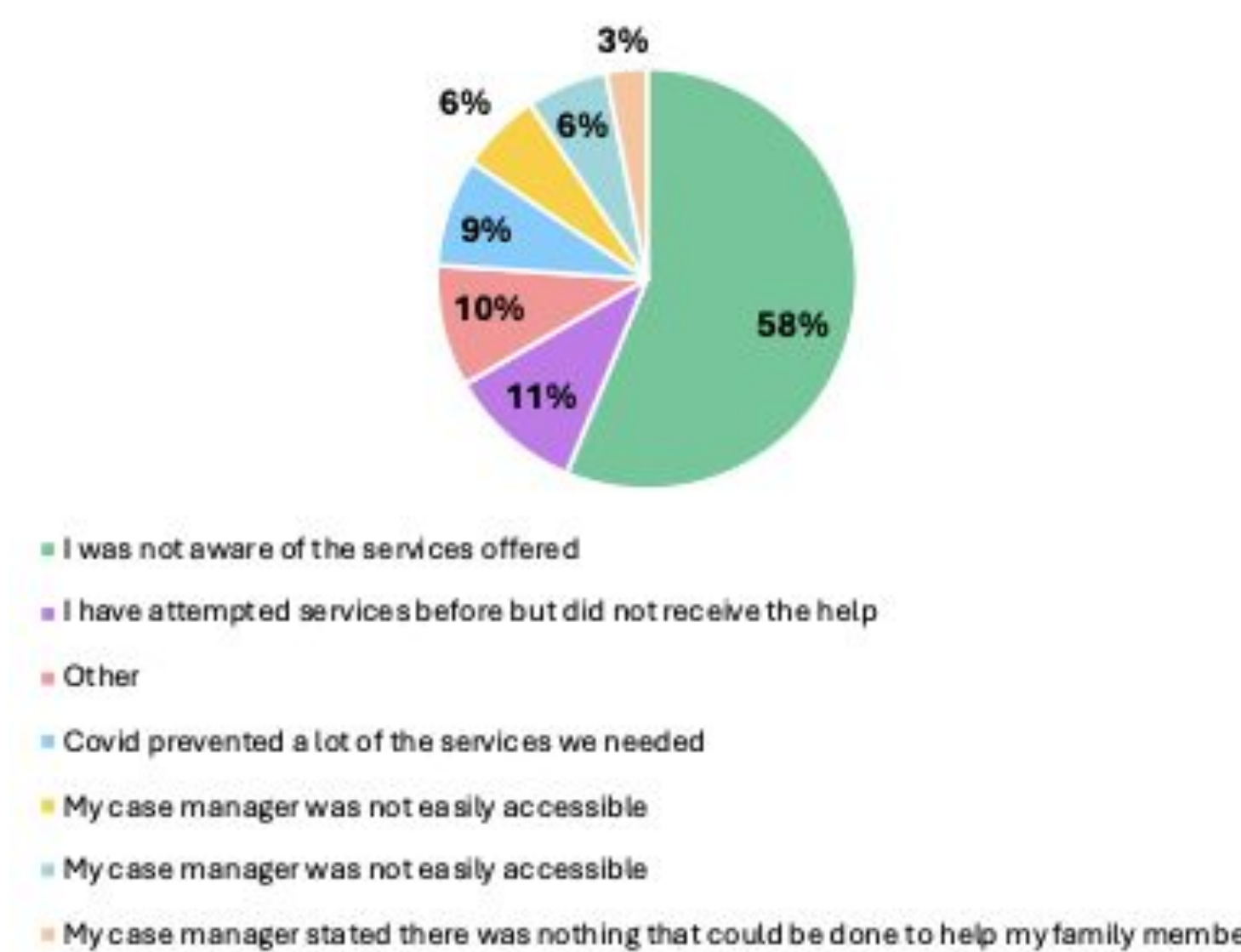
The majority of participants served were **African American / Black** (45%), followed by **Latinx / Latino / Hispanic** (39%)

Are the services provided by Ohana Center conducted in a manner that allows you to feel comfortable and seen?



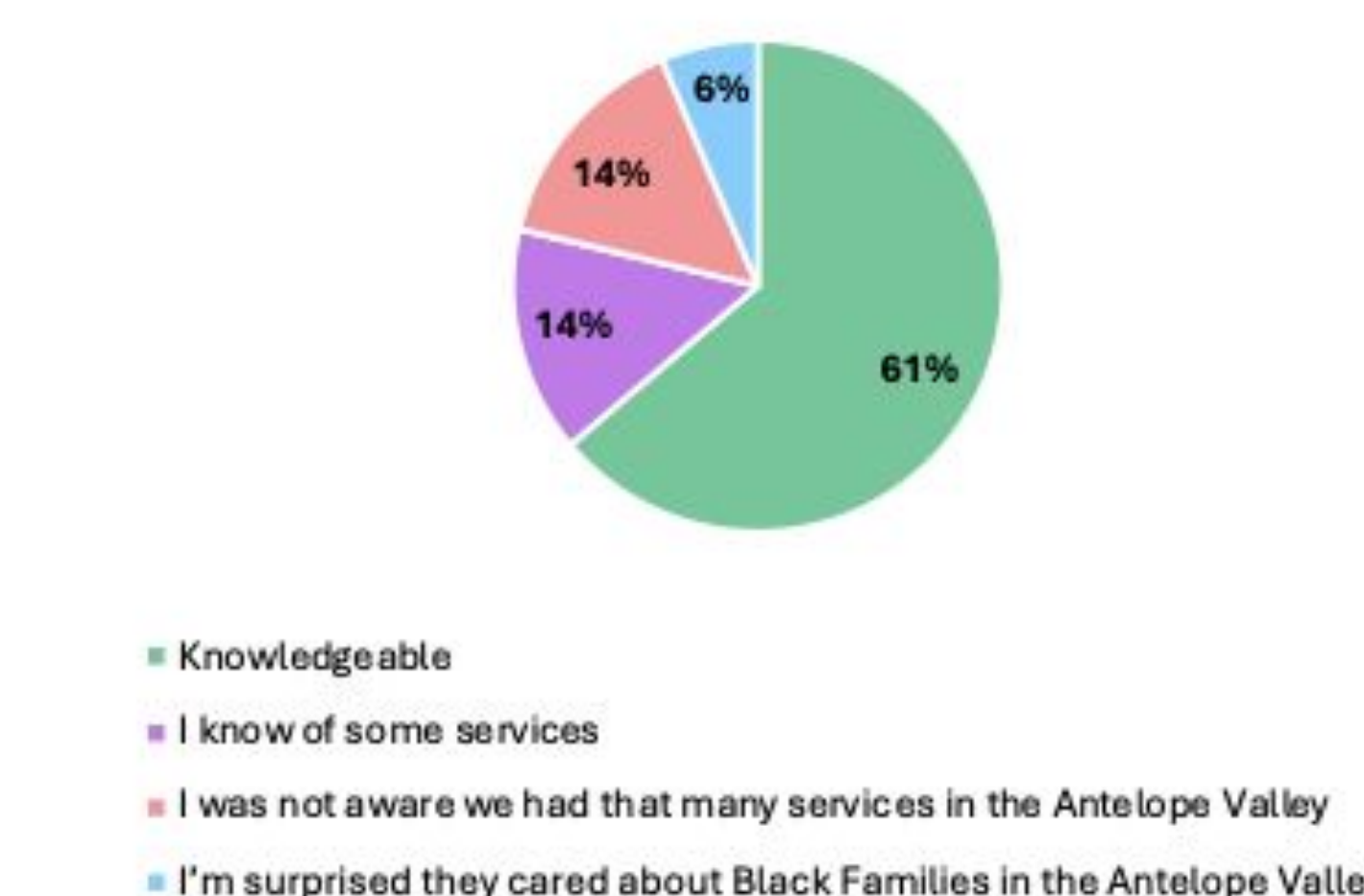
All respondents agreed that they felt **comfortable and seen** by Ohana Center's services

What has previously prevented you from getting services for your family member?



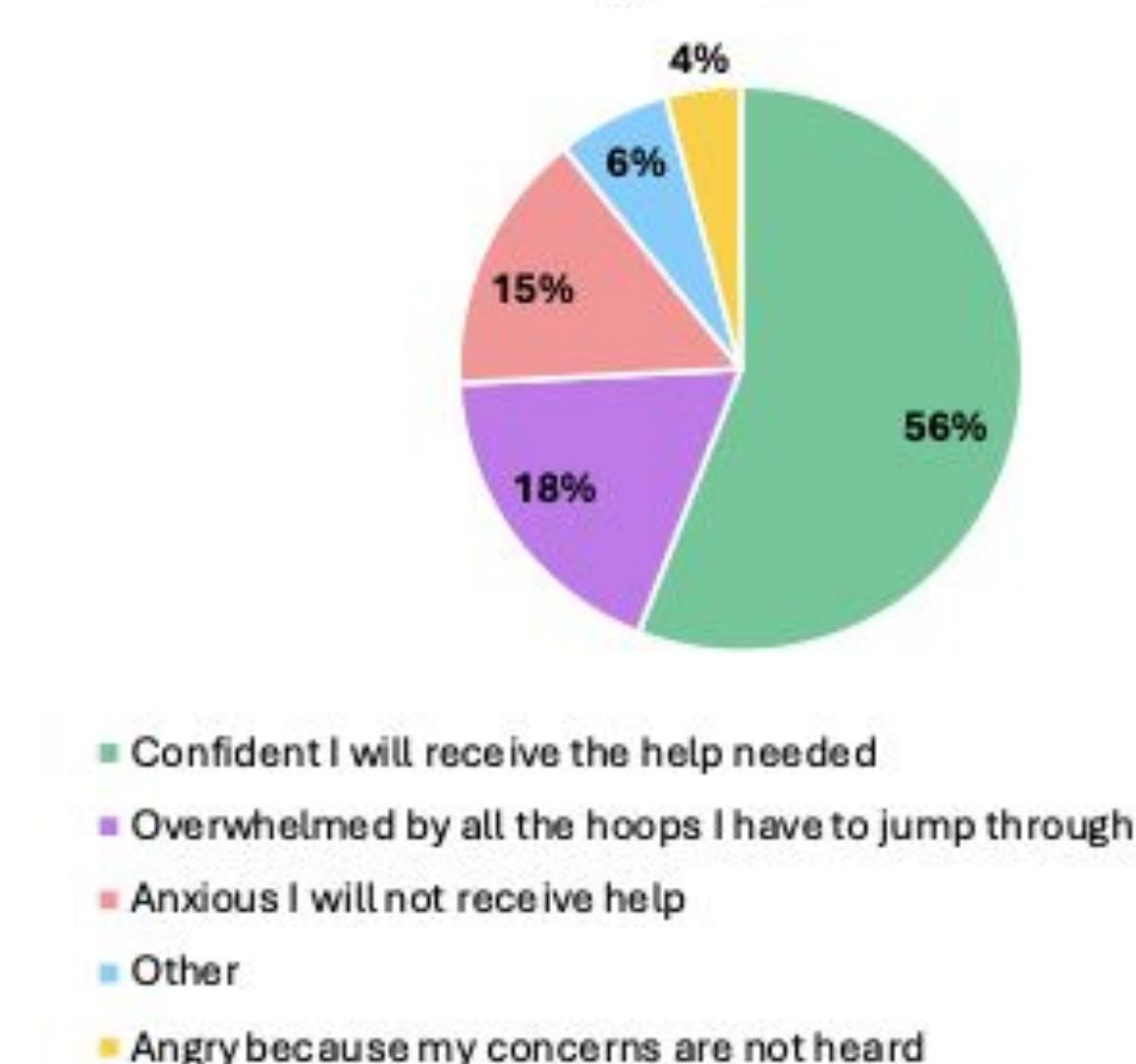
In the pre-survey, the primary barrier to accessing services was lack of **awareness** of services offered (58%)

Now that you have attended the training, how would you describe your knowledge of community resources?



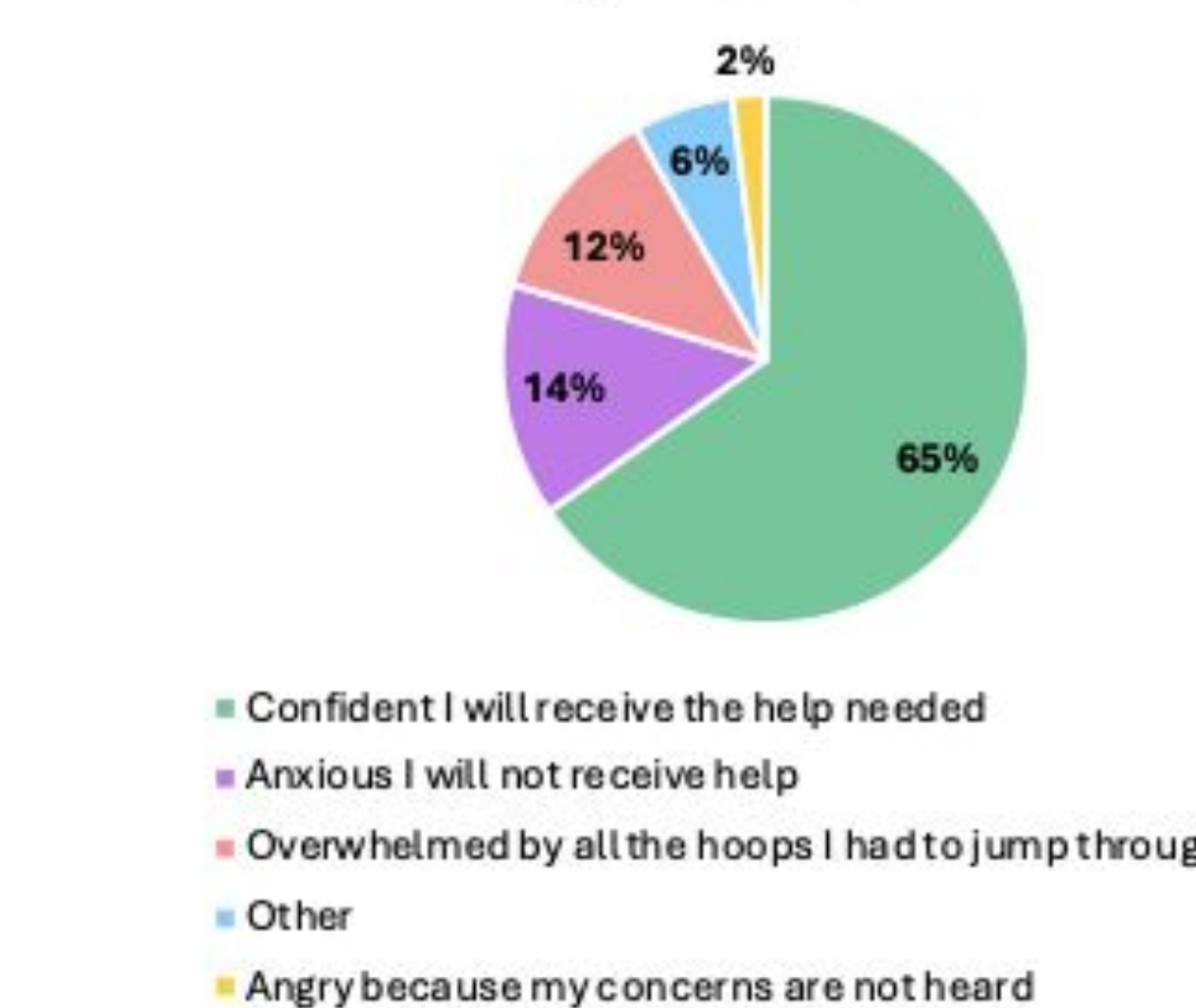
After training, 61% said they felt **knowledgeable** of community resources, with others commenting on prior lack of awareness

When reaching out for services, how do you feel?



In the pre-survey, 18% of respondents felt **overwhelmed** and 15% felt **anxious** when reaching out for services

When reaching out for services do you feel now?



In the post-survey, the percentage of respondents who felt **confident** when reaching out for services increased from 56% to 63%

TESTIMONIALS

Participants' experiences with **OTHER** service providers in Antelope Valley:

- *“Even when I am knowledgeable of the services, the Regional Centers and government agencies deny the services and use law enforcement to support their denials and barriers to criminalize me. This makes me afraid to attempt services again.”*
- *“A lot of doctors will treat children with disabilities like typical children, and this neglects some extended care that is needed.”*
- *“Limited options. Some aren't very knowledgeable.”*
- *“Hurtful and disappointing”*
- *“Inconsistent”*
- *“No follow up”*

Ways we would love to **expand** our services with additional resources:

- *“More free things for families in need, like clothes, shoes, and hold things the family needs”*
- *“More donations with food, hot meals, and more free hygiene stuff”*
- *“More options for online classes/ training”*



Family Recreational Activity Days



TEACH EVENTS

We surveyed 8 participants from our **Playmazing** event and 23 participants from our **TEACH Zoo** events

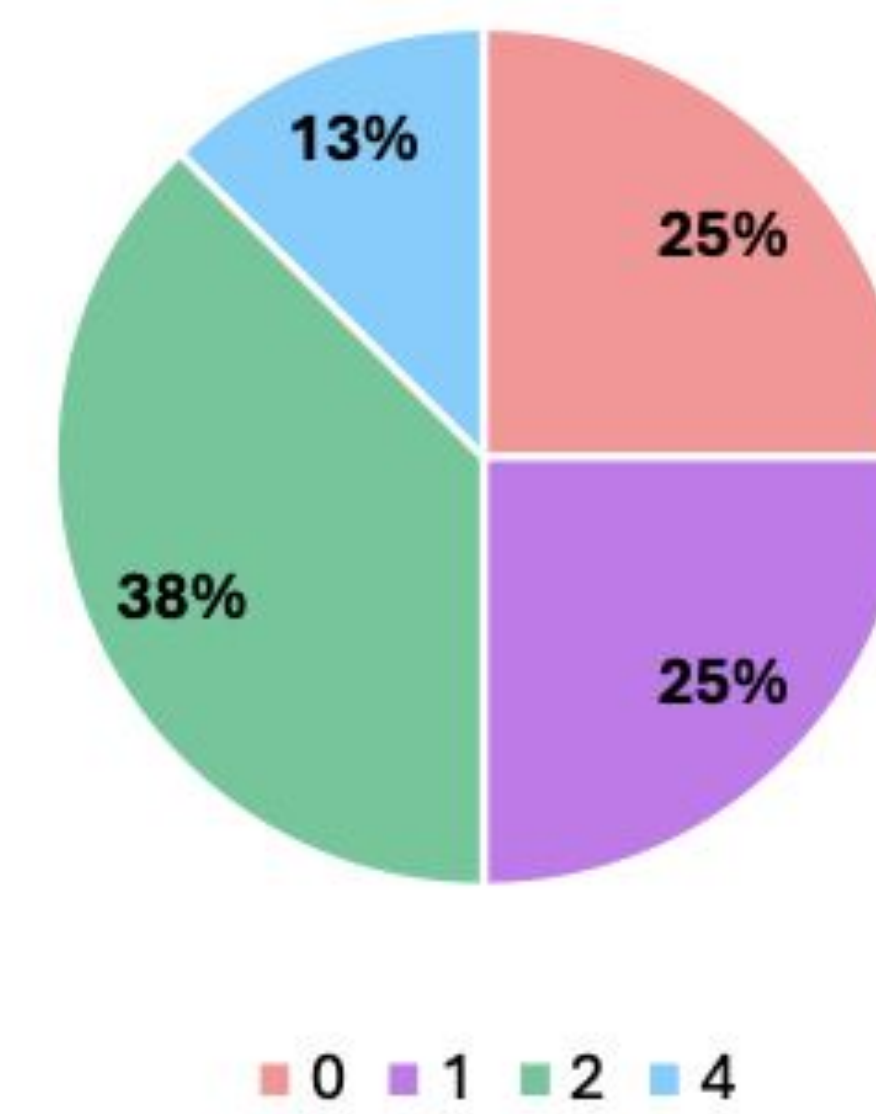
ADDITIONAL REQUESTS

Additional events requested by participants:

- Amusement park
- Arcades
- Backyard BBQ
- Beach day
- Bowling
- Cider Spring
- Circus
- Disney World
- Disneyland
- Family soccer
- Flower picking
- Haunted houses
- Kidspace
- Knott's Berry
- Legoland
- Magic Mountain
- Movie nights
- Museums
- Nature hiking
- Open play
- Pumpkin patches
- Rockin Jump
- Science museum
- Six Flags
- StoryTime Adventures
- Swimming
- Talent shows

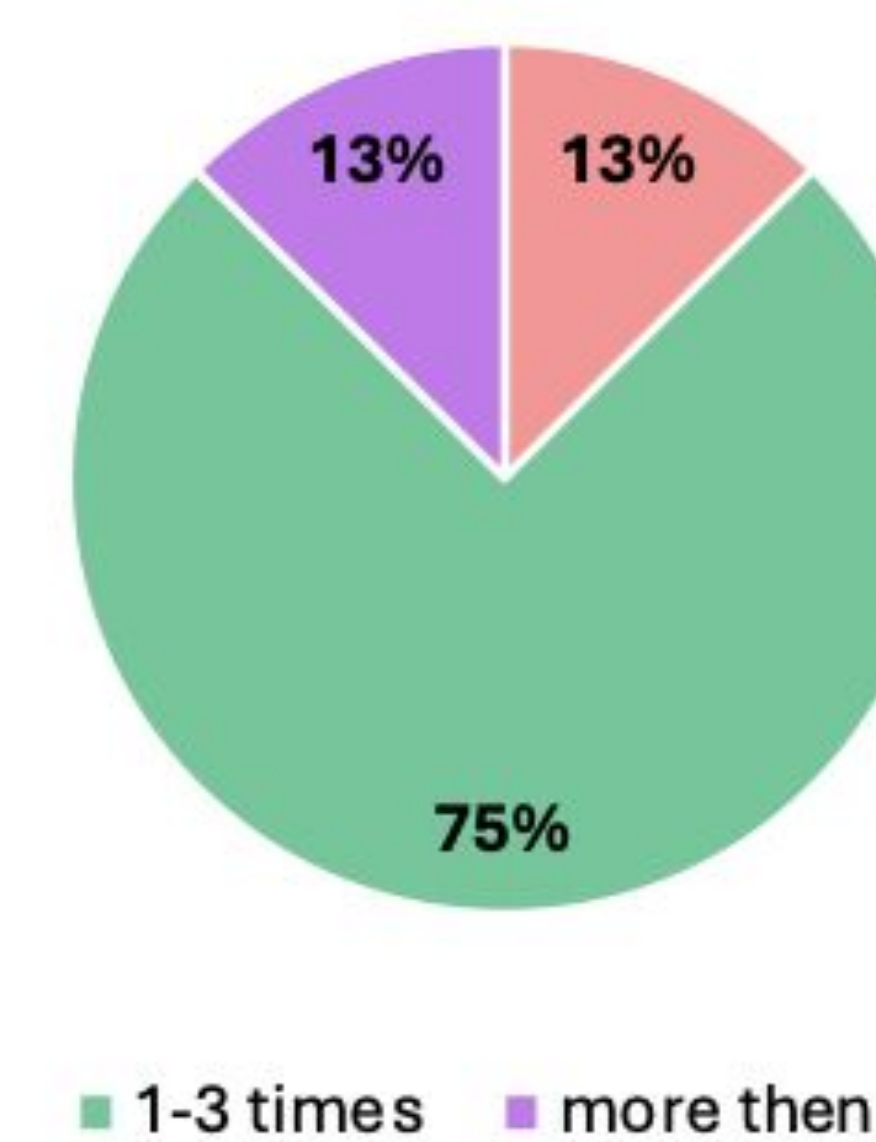
PLAYMAZING

How many times have you been on a recreational/activity day with your family and/or special needs child in the past **three years**?



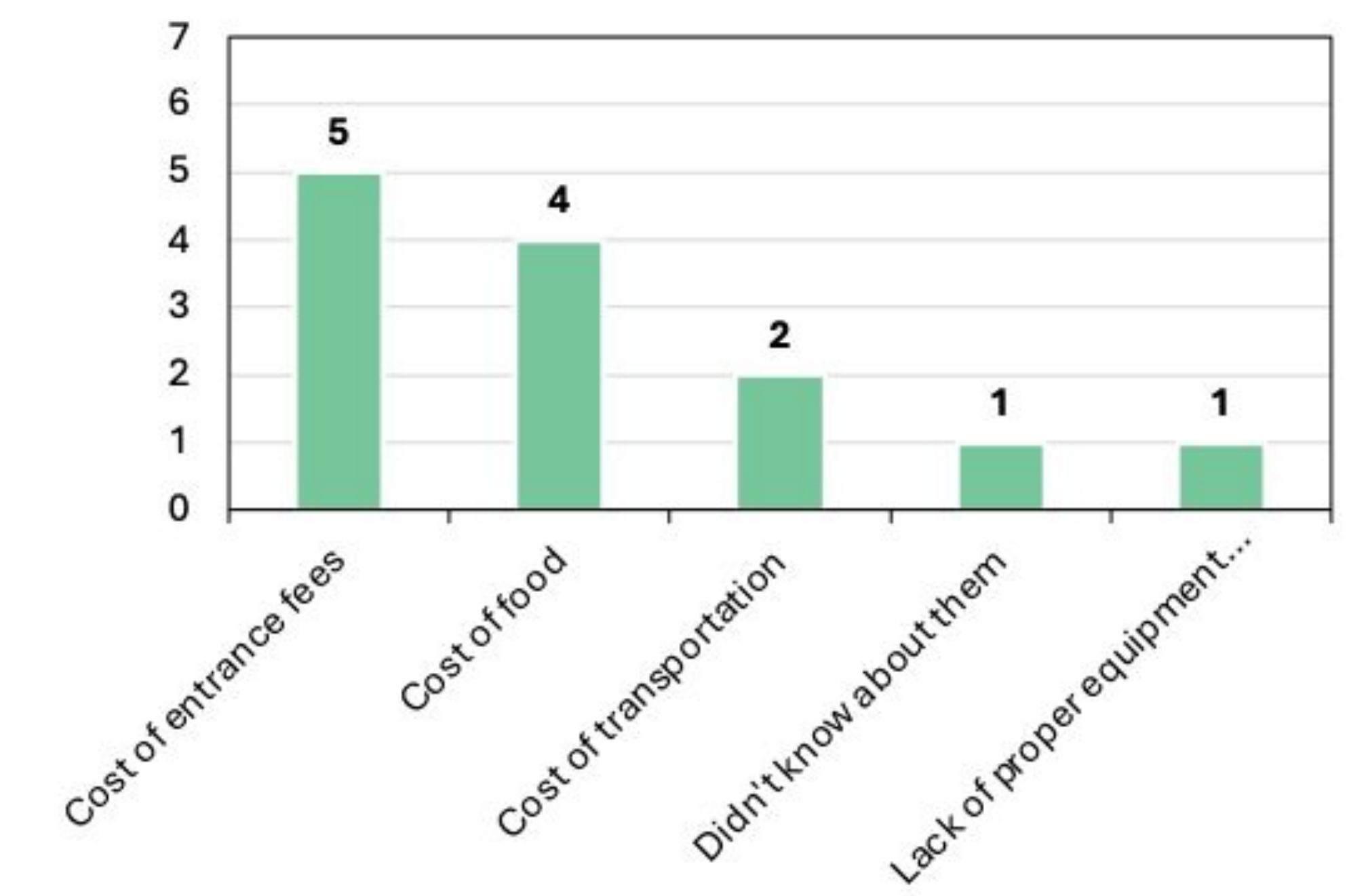
25% of Playmazing participants had **never** been on a recreational/activity day with their family in the past 3 years, and 25% had only been once

How many times have you been on a trip **outside of the Antelope Valley** with your family and special needs child?



The majority (75%) of Playmazing participants had only been on a family trip outside of the Antelope Valley **1-3 times**

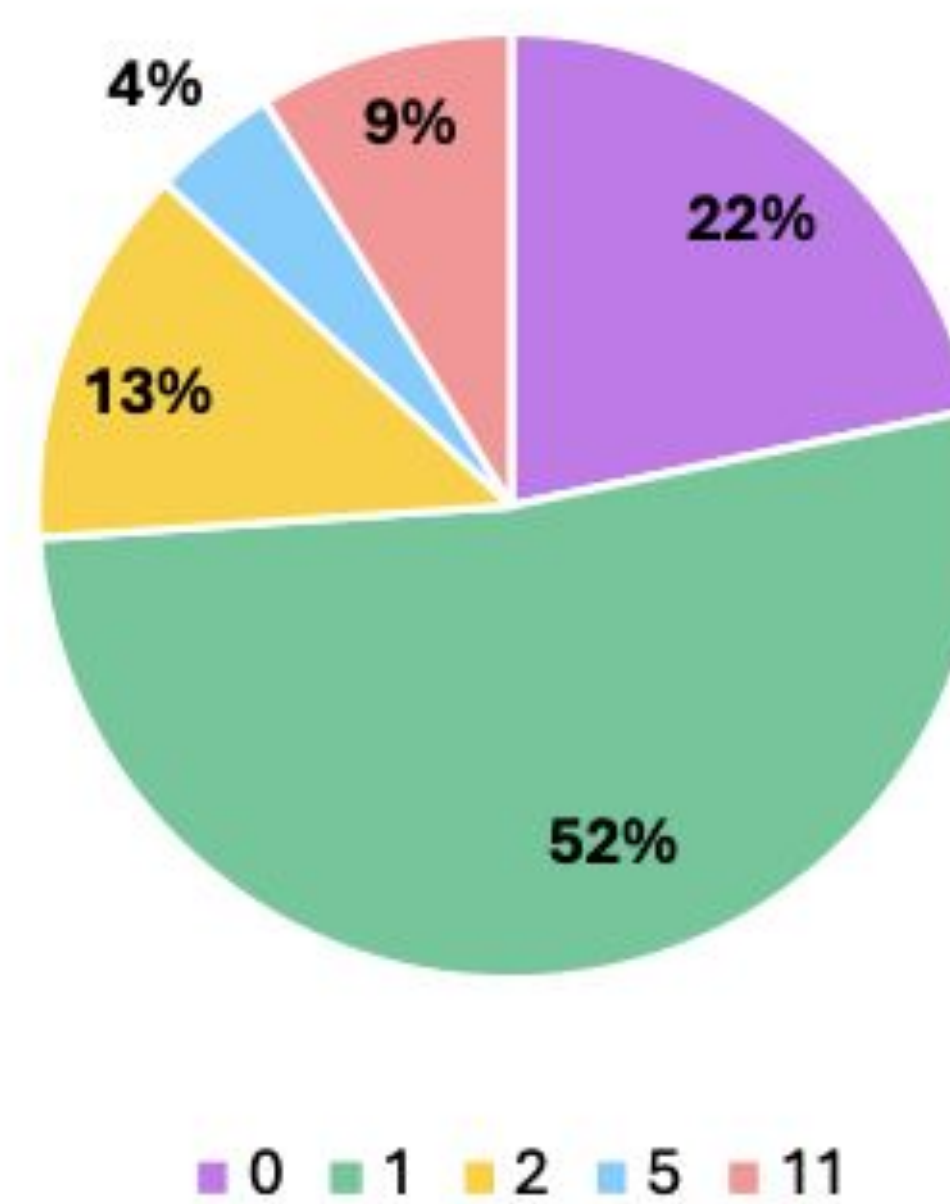
What is **stopping** your family from participating in community-based activities with your family and/or special needs child?



The greatest barrier to participation for Playmazing participants has been the cost of **entrance fees**, followed by cost of **food**

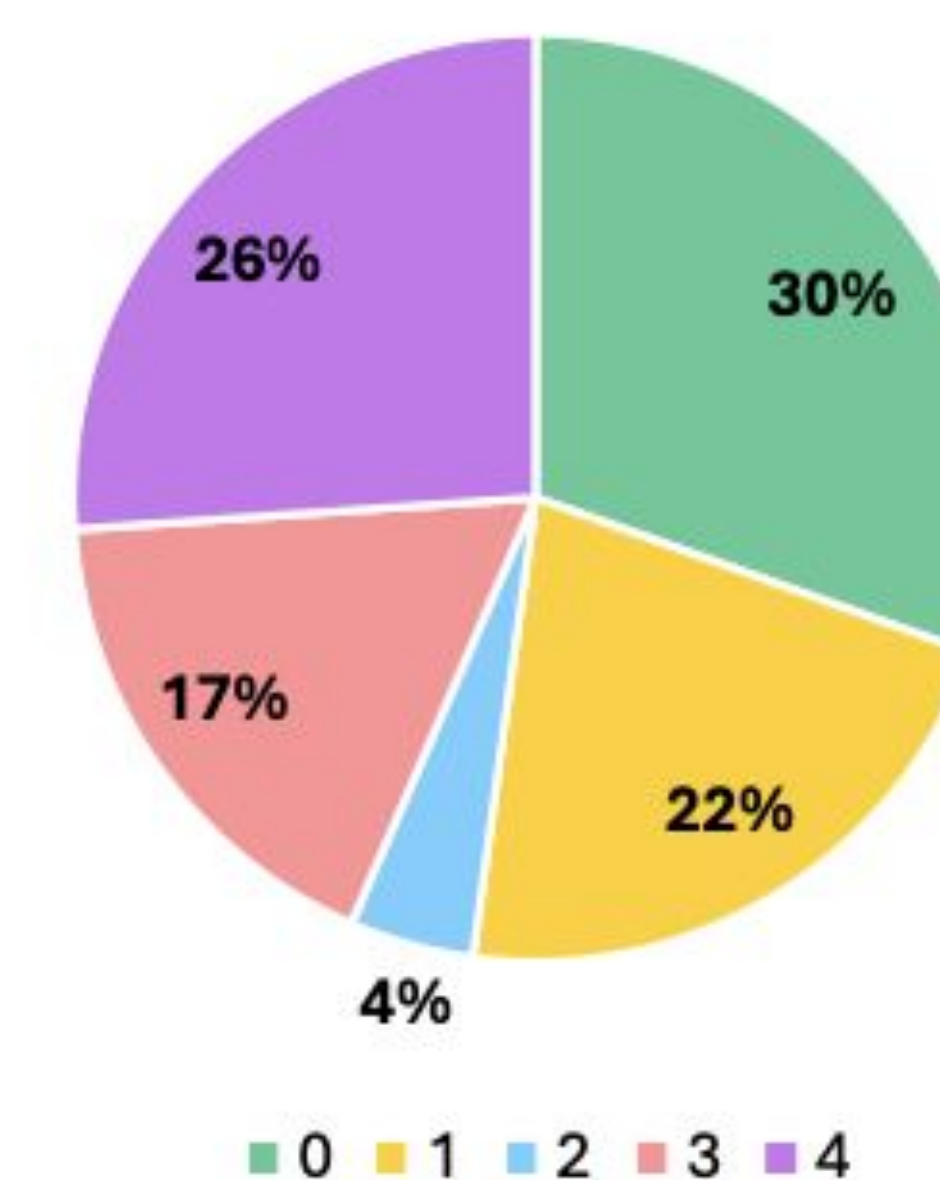
TEACH ZOO

How many times have you been on recreational day trip with your family and/or special needs child in the past **three years**?



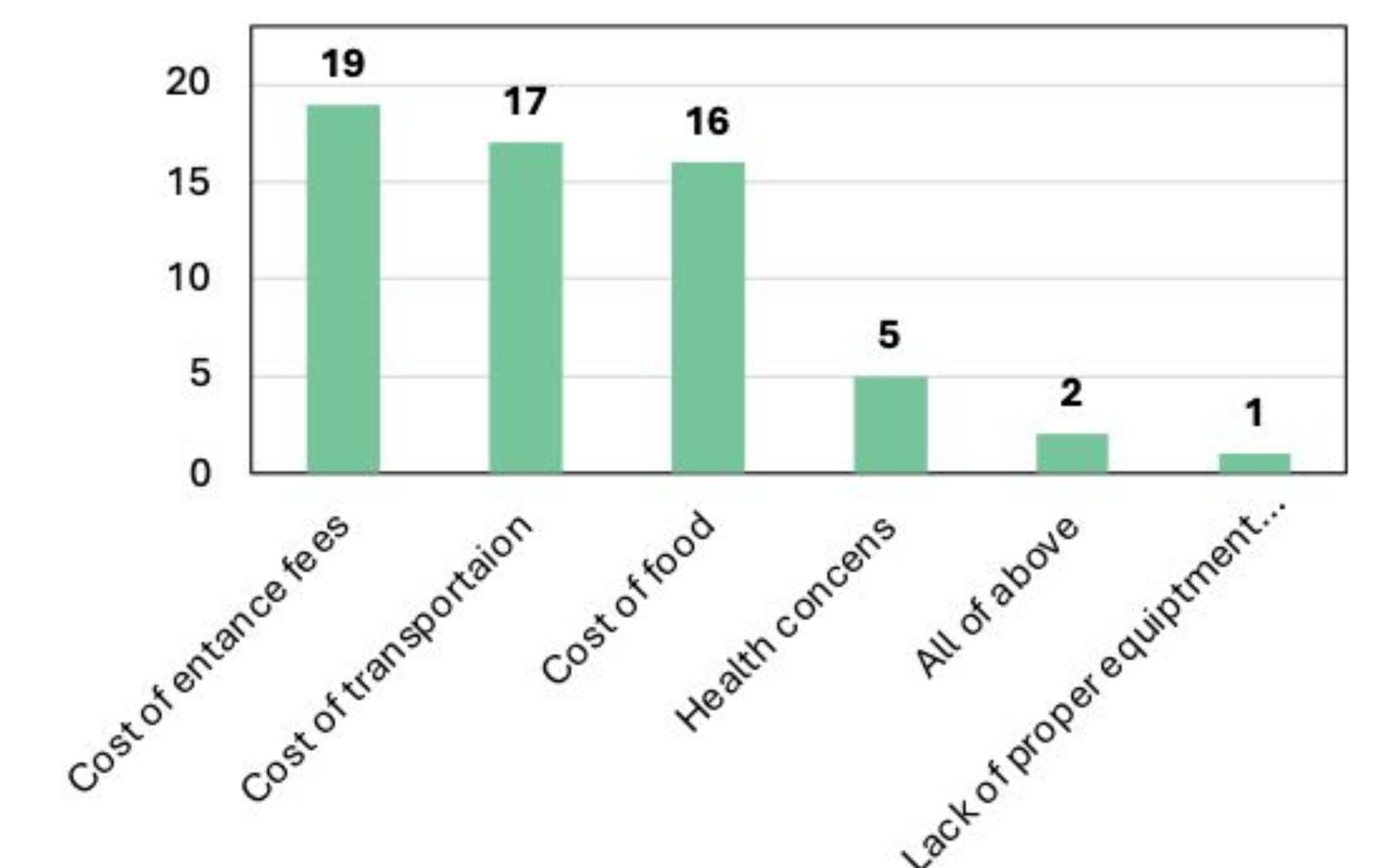
22% of TEACH Zoo participants had **never** been on a recreational/activity day with their family in the past 3 years, and 52% had only been once

How many times have you been on a trip **outside of the Antelope Valley** with your family and special needs child?



30% of TEACH Zoo participants had **never** been on a family trip outside of the Antelope Valley, and 22% had only been once

What is **stopping** your family from taking more trips with your family and/or special needs child?



The greatest barrier to participation for TEACH Zoo participants has been the cost of **entrance fees**, followed by cost of **transportation** and cost of **food**



Wellbeing Support



BUPPS 12+ SURVEY

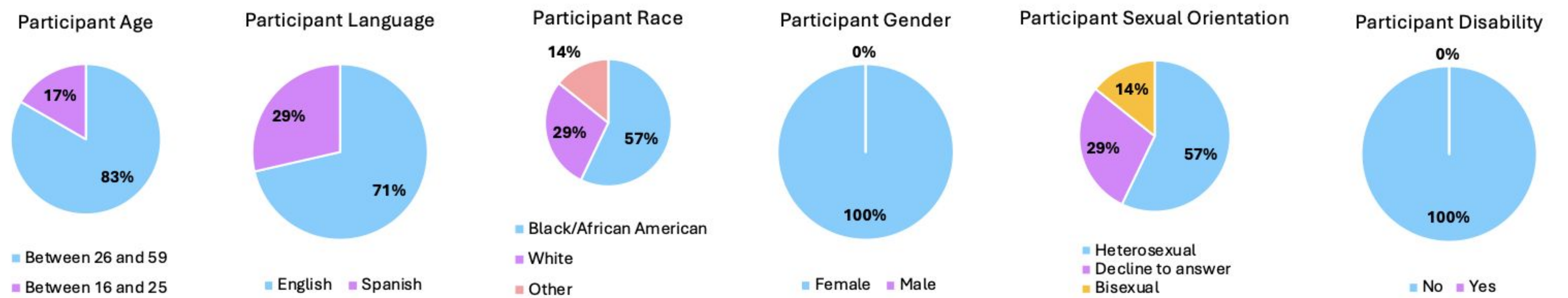
- From **November – December 2022**, we conducted a BUPPS 12+ survey with **8** participants
- On average, respondents reported higher scores on **knowledge** questions than on **feeling** questions
- Participants also reported higher scores on **Protective Factors** than on **Wellbeing** items on average

Average BUPPS item scores ranked highest to lowest. Protective Factors items are in yellow, and Wellbeing items are in blue.

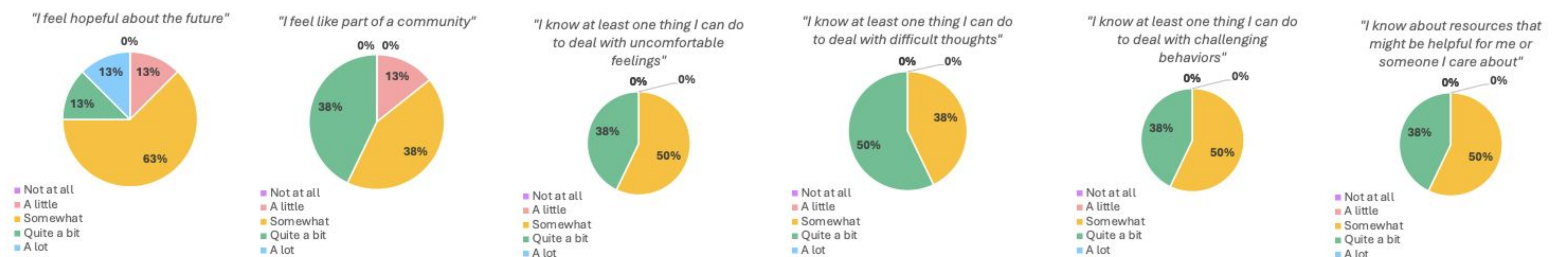
Avg. Min. Max.

4) I know at least one thing I can do to deal with difficult thoughts.	3.59	3	4
3) I know at least one thing I can do to deal with uncomfortable feelings.	3.44	3	4
6) I know about resources that might be helpful for me or someone I care about.	3.44	3	4
7) I have felt cheerful and in good spirits.	3.42	3	4
5) I know at least one thing I can do to deal with challenging behaviors.	3.39	3	4
10) I woke up feeling fresh and rested.	3.31	2	4
2) I feel like part of a community.	3.28	2	4
1) I feel hopeful about the future.	3.25	2	5
9) I have felt active and energetic.	3.25	2	4
11) My daily life has been filled with things that interest me.	3.16	2	4
8) I have felt calm and relaxed.	3.13	2	4

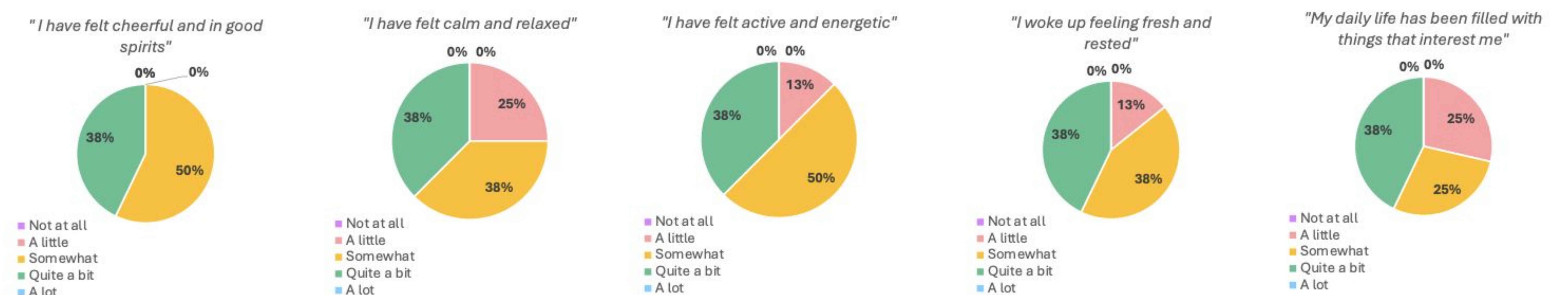
SURVEY DEMOGRAPHICS



BUPPS PROTECTIVE FACTORS SUBSCALE



WHO WELLBEING SUBSCALE





Sense of Community



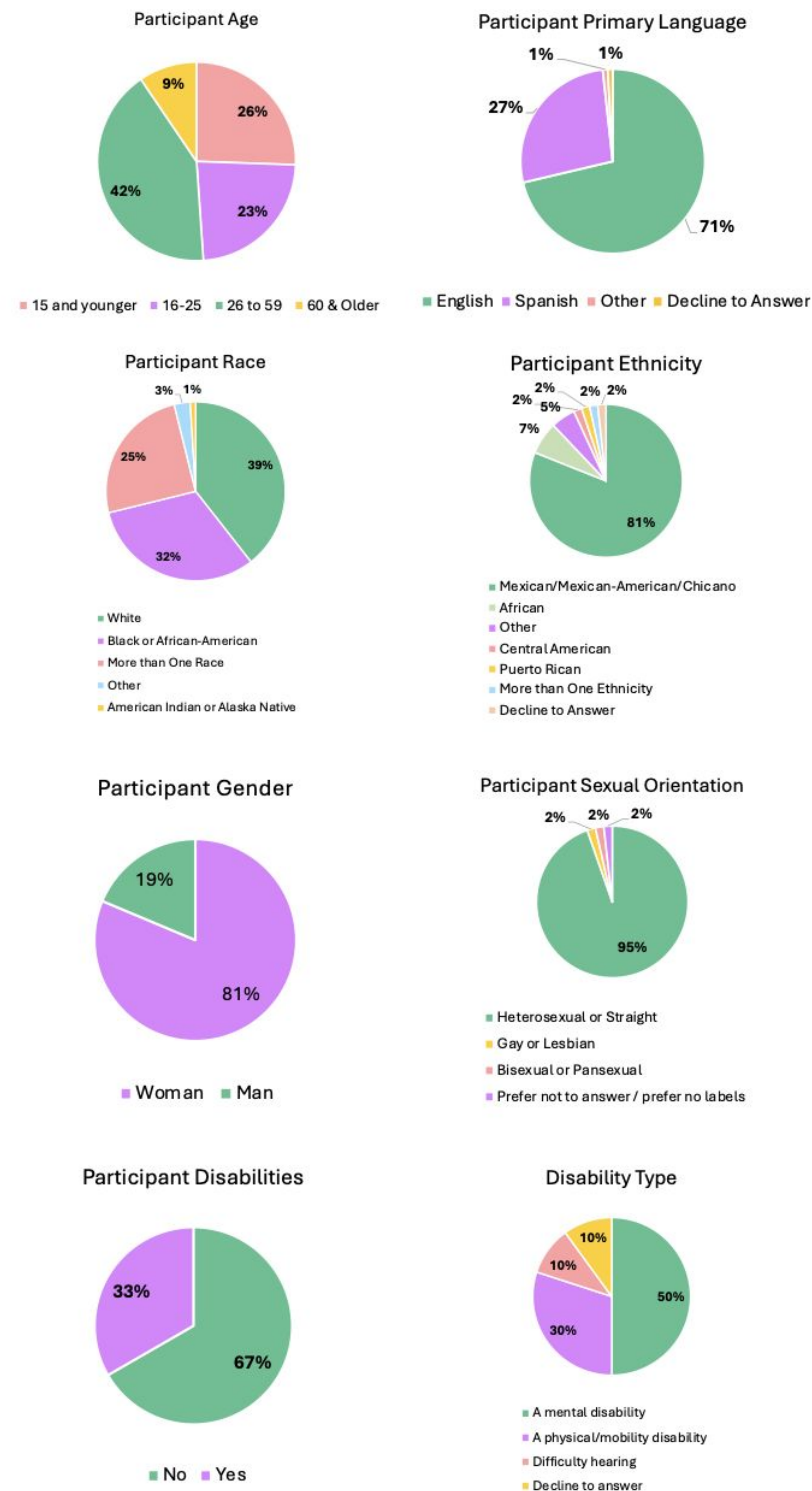
IMPORTANCE OF COMMUNITY

- Ohana is a Hawaiian word meaning **family**
- At Ohana Center, our extended family members are the members of our **community**
- Utilizing the African spirit of UBUNTU, **“I am because we are”**, we seek to help “at-risk” and underserved individuals and families, working toward a brighter future

BUPPS SURVEY

- **Brief Universal Prevention Program Survey (BUPPS)** is a survey by the LA County Department of Mental Health for ages 12+
- From **July 2022 – June 2023**, we conducted a BUPPS survey with **333** continuing participants and **203** new enrollees
- The majority of participants were ages 26-59 (42%), English-speaking (71%), white (39%), Mexican (81%), women (81%), heterosexual (95%), and presently abled (67%). Among those with a disability, the majority reported having a mental disability (50%).
- Participants showed greatest improvement in feeling **hopeful about the future** and feeling like **part of a community**

SURVEY DEMOGRAPHICS



BUPPS PROTECTIVE FACTORS

